

**POTTSTOWN YMCA AQUATIC CLUB**  
**WINTER BLAST SWIM-YOUR-OWN-AGE INVITATIONAL**  
**THURSDAY, DECEMBER 29, 2011**

<b>LOCATION</b>	Pottstown Family YMCA 724 N. Adams St., Pottstown, PA 19464 610-323-7300
<b>FACILITIES</b>	The YMCA pool is a 6-lane, 25-yard pool. There will be a concession table. Swimmers will be located in old gym area. Limited deck seating available.
<b>MEET DIRECTORS</b>	April Kontostathis – 484-744-0108 – Akontostathis@comcast.net Kevin Krause - 610-247-5585 – p11pres@comcast.net
<b>ELIGIBILITY</b>	Meet is open to swimmers ages 12 and under. Swimmers compete only against others their own age. Swimmers use the age they are the day of the meet.
<b>ORDER OF EVENTS</b>	See attached list for order of events and event numbers. The mixed free relays should have at least one swimmer of the opposite gender (i.e. 2 girls/2 boys, 3 girls/1 boy, 3 boys/1 girl).
<b>WARM-UP &amp; START TIMES</b>	Warm-ups begin at 12:00PM, and meet will start promptly at 2:00PM.
<b>HOW TO ENTER</b>	Electronic entries using Team Manager are preferred. Entries should be sent via e-mail to <a href="mailto:akontostathis@comcast.net">akontostathis@comcast.net</a> . Include a Team Manager report by entry. In the body of your e-mail, provide number of girls, boys, and entries. Include contact information. Send entry check separately. Include Team Manager report by entry, meet summary form, and your payment. Make checks payable to PYAC.
<b>ENTRY FEES</b>	Entry fees are \$3.50 for individual events and \$14.00 for relays.
<b>DECK ENTRIES</b>	Deck entries will be allowed at our discretion. The fee will be \$5.00 for individual events and \$20.00 for relay events.
<b>ENTRY DEADLINE</b>	Entries must be received no later than <b>December 15, 2010</b> at 6:00PM.
<b>SEND ENTRIES TO</b>	April Kontostathis 961 Crimson Lane Pottstown, PA 19464  Make checks payable to PYAC.
<b>AWARDS</b>	Ribbons will be given for 1st–8th place for individual entries and for 1st–3rd place for relays. Special awards will be given to heat winners. Each swimmer will receive a participation award.
<b>PROGRAMS</b>	Programs will be available for \$5.00. Admission is free.

## **DIRECTIONS**

**From Reading Area** – Take 422 east. Take Armand Hammer Blvd. exit At stop sign turn right. At traffic light (Armand Hammer Blvd) turn left. At the third traffic light (High St) turn left. At the next traffic light (Beech St), turn right. At the “Y” in the road, bear right onto Jackson Street. Proceed through one stop sign. At the next traffic light, take a left onto Adams Street. The YMCA will be on the left.

**From the Philadelphia Area** – Take 422 West. Take the Armand Hammer Exit. At traffic light (Armand Hammer Blvd) turn right. At the third traffic light (High St) turn left. At the next traffic light (Beech St), turn right. At the “Y” in the road, bear right onto Jackson Street. Proceed through one stop sign. At the next traffic light, take a left onto Adams Street. The YMCA will be on the left.

**From Allentown Area** – Take Rt. 100 South, turn left at traffic light at State Street. Applebee’s Restaurant & Giant Supermarket will be on the right after you turn. Take a left at the next traffic light onto Wilson St. Follow Wilson St. to 4<sup>th</sup> traffic light and turn right onto Adams St. The YMCA will be the left corner as you turn.

**From Exton Area** – Take Rt. 100 North crossing the Schuylkill River and Wal-Mart shopping center on your left. Turn right at the traffic light at State St. Applebee’s Restaurant & Giant Supermarket will be on your right. At the next traffic light, take a left onto Wilson St. Follow Wilson St. to 4<sup>th</sup> traffic light and turn right onto Adams St. The YMCA will be the left corner as you turn.

## **RULES**

The meet will be conducted according to YMCA rules with some minor modifications.

## **SWIMMERS without a COACH**

Swimmer unaccompanied by a credentialed coach should report to the Meet Director before the warm-up.

## **RESULTS**

Results will be posted on the Pottstown YMCA website:  
**[www.ptfyseahawks.org](http://www.ptfyseahawks.org)**

## **WEATHER CANCELLATION**

If the weather conditions are bad, a decision will be made by 6:00AM to cancel the meet or not. A notice will be posted on the website. If the meet is cancelled, the snow date is Friday, December 30, 2011. Warm-ups begin at 12:00PM, and the meet will start promptly at 2:00PM.

**Order of Events**  
**2011 Winter Blast Invitational**  
**Warm-ups 12:00PM**

<b>Event # GIRLS</b>	<b>EVENT</b>	<b>Event # BOYS</b>
1	6 & Under	25 Breastroke
3	7	25 Breastroke
5	8	25 Breastroke
7	9	50 Breastroke
9	10	50 Breastroke
11	11	50 Breastroke
13	12	50 Breastroke
15	6 & Under	25 Backstroke
17	7	25 Backstroke
19	8	25 Backstroke
21	9	50 Backstroke
23	10	50 Backstroke
25	11	50 Backstroke
27	12	50 Backstroke
29	8 & Under	100 Mixed Freestyle Relay
30	10 & Under	200 Mixed Freestyle Relay
31	12 & Under	200 Mixed Freestyle Relay
32	6 & Under	25 Butterfly
34	7	25 Butterfly
36	8	25 Butterfly
38	9	50 Butterfly
40	10	50 Butterfly
42	11	50 Butterfly
44	12	50 Butterfly
46	6 & Under	25 Freestyle
48	7	25 Freestyle
50	8	25 Freestyle
52	9	50 Freestyle
54	10	50 Freestyle
56	11	50 Freestyle
58	12	50 Freestyle
		2
		6 & Under
		4
		7
		6
		8
		8
		9
		10
		10
		12
		11
		14
		12
		16
		6 & Under
		18
		7
		20
		8
		22
		9
		24
		10
		26
		11
		28
		12
		33
		6 & Under
		35
		7
		37
		8
		39
		9
		41
		10
		43
		11
		45
		12
		47
		6 & Under
		49
		7
		51
		8
		53
		9
		55
		10
		57
		11
		59
		12

**2011 POTTSTOWN YMCA WINTER BLAST INVITATIONAL  
MEET ENTRY SUMMARY SHEET**

\_\_\_\_\_ Of age 6 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of age 7 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of age 8 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of age 9 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of age 10 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of age 11 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of age 12 Individual Entries @ \$3.50/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of 8 & Under Relay Entries @ \$14.00/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of 10 & Under Relay Entries @ \$14.00/entry = \$\_\_\_\_\_

\_\_\_\_\_ Of 12 & Under Relay Entries @ \$14.00/entry = \$\_\_\_\_\_

Total amount enclosed \$\_\_\_\_\_

**Please make checks payable to PYAC.**

Team Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

How many coaches will be attending? \_\_\_\_\_ (For necessary programs and credentials)

Team Coordinator: \_\_\_\_\_ Phone: \_\_\_\_\_

Mail Entries to:

April Kontostathis  
961 Crimson Lane  
Pottstown, PA 19464